



Faith Newsletter

VOLUME 45, ISSUE 9

SEPTEMBER 2010

FROM OUR PASTOR'S DESK...

Pastor Paul Wenz

The Life You've Always Wanted

When I was young, perhaps 8 or 9, I remember sitting in church and at Redeemer Lutheran in Ontario wondering how the pastor was able to say all the things he said in his sermon. It seemed an impossible job to memorize all that stuff. I even thought I could never do that myself. Little did I know at that age, that God had plans for me along those lines!

The way I thought is similar to many people when it comes to their faith. They see someone with great

faith and think, "I could never do that!" The problem isn't that some people have weak faith, but that many people



don't want to grow up in faith. Though I may have believed that I could never preach, I learned how (and am still learning!). When we come to faith in Jesus Christ, we are also just beginning and have lots of growing ahead of us. As teens, many can't wait to be grownups. Why don't more of us feel the same way about our faith--living with an expectation that we will continue to grow up and become more mature in our faith journey?

Perhaps it has something to do with our culture. If asked, "Are you satisfied with who you are?" some people would gladly say, "Yes, I am!" This may be a result of having been fed by our



*"We will in all things grow up into...Christ"
Ephesians 4:15*

Continued on next page...

**How does God
"bring His
Children home"?
Through YOU!
When YOU invite
them to hear
the Word of God
with YOU!**

**Invite
a family member,
neighbor,
Co-worker, fellow
student, or friend
to join YOU on
Sunday
in attending.**

**Worship
Services
8:00 a.m.
Traditional
10:30 a.m.
Contemporary**

**Sunday School
available Pre-K to
High School
at 9:15 a.m.
Adult Bible Study
Classes
at 9:15 a.m.**

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"Bringing God's Children Home"

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And at www.Facebook.com/faithisriverside

society's positive self-image propaganda. But if one is honest with oneself, you will confess with St. Paul that, "I have the desire to do what is good, but I cannot carry it out. For what I do is not the good I want to do; no, the evil I do not want to do--this I keep on doing!" (Romans 7:18-19). In other words, there is room for improvement in all of us!

The fact is, as Christians we are not who we want to be. God's people have a God-given hope within them for transformation. A few years ago, when I read the book, *The Life You've Always Wanted* by John Ortberg, I felt an "ah-ha!" moment. I saw that God had always been there in my life preparing me for a future calling, "to do good works, which God prepared in advance for us to do" (Ephesians 2:10). The book's practical insights helped me to grow in my faith and become a better Christian. And even now, God is still preparing me through my victories and failures in life to learn how better to live my life for Him. To be a mature Christian, it isn't enough just to "play" church, as if God were impressed with going through the motions of worship or showing up at church on Sunday. God wants an intimate relationship with us in which we depend on Him for all we have and need and we respond to God's grace by extending it to others. That is why I want our church to grow together through a Sermon Series and small group study on this book.

As we take this journey together to be transformed by God's Holy Spirit, don't be surprised if you discover that what you thought was growth

was just "playing" church. The real growth comes in learning to think what Jesus would think, and do what He would do. Yet there will be times when you find you cannot do what Jesus would do, like love someone who hurts you. But when we find ourselves falling short, we can depend on

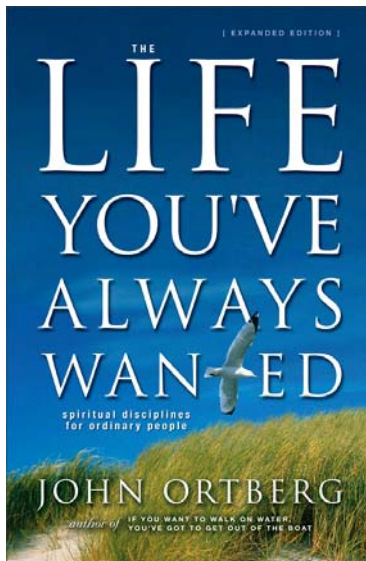
our Lord to do the things in us that only Jesus can do, like change our hearts, thoughts and feelings!

As John Ortberg says concerning this pursuit of maturing in faith: "we must not merely 'try harder,' we must 'train wisely.'" There are no magic formulas to becoming a stronger Christian. It takes listening to God's wise Words in Scripture and praying for God to have His way in us. It takes an intentional effort to choose to love those

around us that we don't always like. When we act in faith, feelings follow. We learn to love those around us who are not like us, because God's love in us compels us to do so and we learn to see others with the eyes of Christ's love. As we "grow up into...Christ" (Eph 4:15), we will learn to forgive and be at peace with those in our families and in our church because Jesus has already accepted us! That's real change!

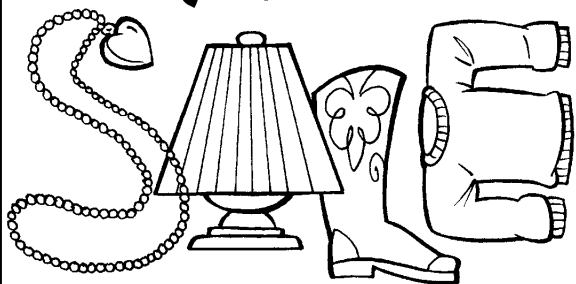
My prayer for you this fall is not to feel discouraged when you don't see spiritual growth in your life, but instead do something about it! A long journey begins with the first steps. Take these steps with your brothers and sisters this fall and watch God's changes take hold of you!

Your servant in Christ,
Pastor Paul Wenz



**NEXT ELDER'S MEETING ON:
SEPT. 8TH AT 6 PM**

RUMMAGE



Got stuff?

Faith Lutheran Church is holding the first

FALL RUMMAGE SALE!
Saturday, October 2, 2010
9 am to 2 pm

We are collecting:

Furniture, Children's Items,
Household items, Electronics, Yard Accessories,
Sporting Equipment, Tools, Holiday Items,
Gently used clothing and accessories, *and* Baked Goods!

DONATE AND SHOP THE SALE!

Items can be dropped off Sept. 20th through the 29th, 9 am to 3 pm,
in the Fellowship Hall.

Interested in donating your time? Questions? Need additional information?
Please contact Rocco Tito

Rocco Tito 951 205-5387 or rtito@sbcglobal.net

~All proceeds benefit the church *Paid in Full Campaign*, Social Ministries,
and Seminary for Tim Yearyearn fund.

~Unsold items will be donated to shelters and thrift stores in the area.

~In coordination with the rummage sale, the Youth Group will be holding a car wash! Free Will donations accepted!

~Don't have stuff? You can donate ***baked goods*** to be sold during the rummage sale!



FAITH LUTHERAN IS HAVING A CHILI COOKOFF CONTEST!

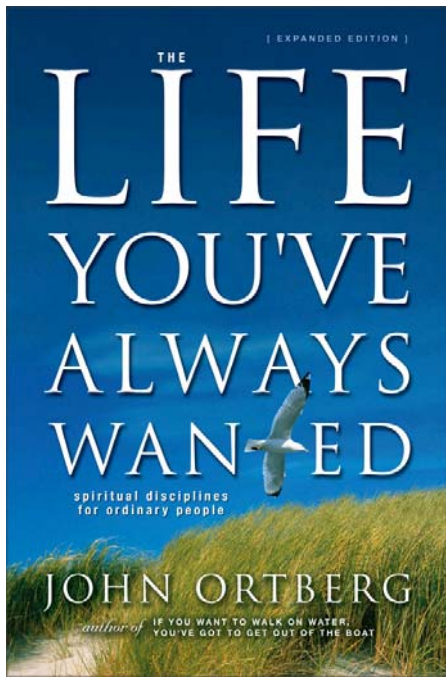
When: Sunday September 26, 2010
Time: 4:00 pm

Chili entries welcome with no entry fee!!
Sign up by filling out below or contact the church office.

Name: _____

Phone: _____

All entries must be received by Sept. 24th before 3:00 pm



A NEW 6 WEEK BIBLE STUDY & Sermon Series at Faith – Fall 2010

This passionate and provoking 6-week study comes with exercises to practice the transformational spiritual disciplines of Jesus, such as prayer, confession, servanthood, and reflection.

Starting the week of September 12, 2010!

Mondays @ 7 pm	Tuesdays @ 7 pm	Thursdays @ 10 am	Fridays @ 6:30 pm
Leader: Andy Shaffer	Rick Ferrell	Pastor Wenz	Forrest Fulk
Home study	Home study	Study at Church	Study at Church

Study Books are now available at the church office for purchase! Sign up at church today for one of the small groups.

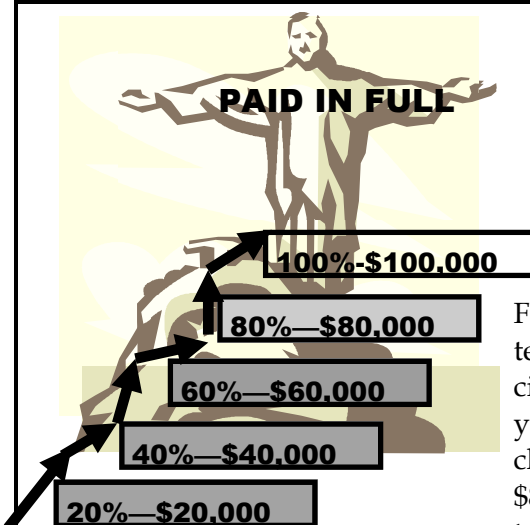
Make a Difference Tour

This Fall, Max Lacado will be celebrating his 25th year in Christian publishing with a tour that challenges Christians to “Make a Difference” in the world.

Together with Toby Mac, Michael W Smith and Third Day, Lacado will be sharing his vision of a world where Christians strive to end poverty and spread the Gospel.

Faith has a block of 14 tickets for this event! To join a group from church for this, make your reservations with the church office.

Date & Time: Sat., Oct. 16, 2010 at 7 pm
Place: Citizens Business Bank Arena
Address: 4000 E Ontario Center Pkwy, Ontario
Cost: \$23 per person (includes taxes & fees)



“Paid in Full” Campaign

Faith Lutheran’s campaign to pay off the church mortgage is now three quarters complete! With **under \$26,000** left, prayerfully consider making a sacrificial gift to the Lord this year by giving a special offering above and beyond your tithes and offerings to the “Paid in Full” Campaign. Making our church’s budget is within reach by the end of the year (currently down by \$8K), but every month we can pay off will bring us closer. We have so much to be thankful for at Faith—help us reach our goal by the end of 2010!

SEPTEMBER: FOOD SAFETY

An estimated 76 million cases of foodborne disease – “food poisoning” – occur each year in the United States. The majority of these cases are mild and cause symptoms for only a day or two. But some are more serious...

The Centers for Disease Control and Prevention (CDC) estimates there are 325,000 hospitalizations and 5,000 deaths related to foodborne disease each year. The most severe cases tend to occur in the very old, the very young, those who already have an illness that reduces their immune system function, and even healthy people exposed to a very large dose of the germ or chemical in contaminated food or beverage. (That’s right – not all food-related illnesses are caused by germs... think about poisonous mushrooms or fish that produce toxins...)

WHAT IS FOOD POISONING?

“Food poisoning” is an illness caused by consuming foods or beverages that are contaminated with germs or other harmful substances. Most cases involve germs – bacteria, viruses or parasites – which may be found in raw meat, chicken, fish and eggs, but can be transferred to any type of food. They can also grow on food that is left at room temperature (or on a sunny picnic table) or even refrigerated foods that have been stored too long before they’re eaten. Sometimes food is contaminated by people who have not washed their hands before they handle or prepare food.

It’s very easy to blame the last restaurant where we’ve eaten, but most cases of food poisoning originate in our own homes, and the incubation period (time from eating or drinking the contaminated food until symptoms develop) may be anywhere from hours to months!

Most of the time, food poisoning is mild and the symptoms are gone in a day or two. But some types of food poisoning are more serious (even deadly) and require medical treatment.

HOW DO HARMFUL GERMS GET INTO FOOD?

There are several possible ways that food may become contaminated –

- During meat processing: bacteria which are normal in the intestines of healthy animals may be spread to those parts of the animal that we eat.
- Water or washing: if the water used to irrigate or wash fresh fruits or vegetables has germs in it, those germs get on the fruits and vegetables.
- When food is prepared: if someone who has germs on his hands touches food, or if the food touches other food that has germs on it, the germs can spread – e.g., if you use the same cutting board or knife for chopping vegetables after you trimmed or cut raw meat, the germs from the meat can be transferred to the vegetables.

WHAT ARE THE SYMPTOMS OF FOOD POISONING?

How you feel when you get food poisoning depends on how healthy you are and what is making you sick. The first symptom is often diarrhea, but you may also experience fever, chills, weakness, vomiting, stomach pain, headaches and muscle aches, or (with the hepatitis virus) jaundice (yellow skin and eyes) and/or dark urine. Botulism food poisoning is caused by a germ that produces a toxin which can damage nerves, resulting in symptoms such as double vision, droopy eyelids, trouble speaking, swallowing or breathing, and paralysis.



HOW CAN I PREVENT FOOD POISONING?

Fortunately, you have a lot of help from agencies such as the Food and Drug Administration (FDA), the U.S. Department of Agriculture (USDA), the National Marine Fisheries Service, and other regulatory agencies. But the job of food safety begins and ends with you...

- Begin by buying good foods: don’t accept dented or rusted cans, damaged packaging, cracked eggs or food that looks or smells spoiled
- Shop for items that require refrigeration or freezing *after* you’ve gathered the other items on your shopping list, to avoid extended time at room temperatures; then, take them home immediately – don’t run other errands, leaving food in a warm car!
- Refrigerate or freeze poultry and other meats as soon as you bring them home from the store: refrigerate at 40°F or less) and keep meat or poultry juices from spilling onto other foods by wrapping carefully and placing on lower shelves
- Start CLEAN: wash your hands often and always before you touch food; keep knives, cutting boards and counters clean; always wash fresh fruits and vegetables before use
- SEPARATE: keep germs on raw meats from getting onto fruits, vegetables and other foods; put cooked meat on a clean platter, not back on the plate that held the meat while it was raw!
- COOK: make sure that meat, fish, and chicken are fully cooked – “until juices run clear, *not* pink” is the rule; eggs should be fully cooked, too; cooked foods should be kept hot (140°F) and served within 30 minutes of cooking
- CHILL: refrigerate leftovers right away; don’t leave cut fruits and vegetables at room temperature for more than two hours; keep all foods with cream, custard or meringue refrigerated until they’re about to be served – unserved portions must go back in the ‘fridge immediately!
- Since microwave ovens are known to cook unevenly, only use your microwave to reheat foods that have been thoroughly cooked by conventional methods
- WHEN IN DOUBT, THROW IT OUT!!

For more information, go to vm.cfsan.fda.gov/~mow/,

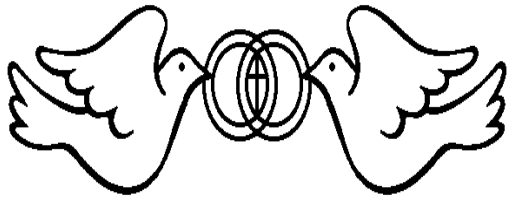
www.webmd.com/food-recipes/food-poisoning-and-safe-foo
www.cdc.gov/ncidod/dbmd/diseaseinfo/foodborneinfection



Christy Dalton	9-4
Cindy Medeiros	9-5
Norma Kalter	9-6
Cindy Noel	9-6
Evelyn Salgado	9-15
Bill Summers	9-17
Krista Fagan	9-18
Beth Mauro	9-20
Juan Olea	9-20
Grace Eckhardt	9-21



Rick Ferrell	9-22
Mike Tito	9-26
Paula Belknap	9-26



<i>Ray & Fay Garcia</i>	<i>9-2</i>
<i>Joe & Teonie Galusah</i>	<i>9-14</i>
<i>Harvey & Ellen Carnhl</i>	<i>9-23</i>

If we missed any birthdays or anniversaries , please contact the church secretary. Thanks



Membership Changes



WELCOME
to Our Newest Members!

GAINS IN MEMBERSHIP

By Baptism

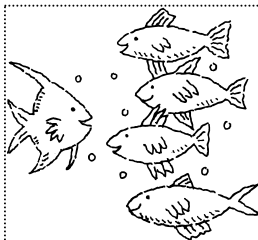
- Deborah Kraimer, adult, born Aug. 17, 1953 and received through baptism on Aug. 22, 2010

LOSSES IN MEMBERSHIP

By death

- Stuart Shields, born Sept. 11, 1930, was called home on August 21, 2010

Membership now stands at:: 217 Baptized, 177 Confirmed



NEW Member Class

NEW MEMBERS' CLASS

Sundays at 4 PM
Starting September 12th!

This class is open to all:

- **Who want to learn what Faith believes and teaches**
- **Who want to become members of Faith**
- **Who want to renew their faith walk**
- **Who want a basic Bible study on Christianity**



Next B.O.D. Meeting on:
Wednesday September 15th
at 6:00 p.m.

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>5</p> <p>8:00 am- Traditional Worship 9:15 am- Sunday School & Bible Study 10:30 am-Contemporary Worship</p>	<p>6</p> <p>OFFICE CLOSED LABOR DAY 11 a.m. Labor Day BBQ at Church</p>	<p>7</p>	<p>1</p> <p>Bible Study 11 a.m.</p>	<p>2</p> <p>L.E. & Bible Study @ 10 am</p>	<p>3</p>	<p>4</p> <p>Men's Breakfast & Bible Study @ 7:30am Altar Guild 9 am</p>
<p>12</p> <p>8:00 am- Traditional Worship 9:15 am- Sunday School & Bible Study 10:30 am-Contemporary Worship 4:00 pm New Member Class</p>	<p>13</p> <p>LYAW Bible Study 7 PM Praise Team Practice 7 PM</p>	<p>14</p>	<p>15</p> <p>Bible Study 11 a.m. Board of Director's Meeting 6 PM</p>	<p>16</p> <p>L.E. & Bible Study @ 10 am LYAW Bible Study 7 PM</p>	<p>17</p> <p>LYAW Bible Study 6:30 PM</p>	<p>18</p> <p>Men's Breakfast & Bible Study @ 7:30am</p>
<p>19</p> <p>8:00 am- Traditional Worship 9:15 am- Sunday School & Bible Study 10:30 am-Contemporary Worship</p>	<p>20</p> <p>LYAW Bible Study 7 PM Praise Team Practice 7 PM</p>	<p>21</p> 	<p>22</p> <p>Food Distribution 10:15 am Bible Study 11 a.m.</p>	<p>23</p> <p>L.E. & Bible Study @ 10 am LYAW Bible Study 7 PM</p>	<p>24</p> <p>LYAW Bible Study 6:30 PM</p>	<p>25</p> <p>Men's Breakfast & Bible Study @ 7:30am</p>
<p>26</p> <p>8:00 am- Traditional Worship 9:15 am- Sunday School & Bible Study 10:30 am-Contemporary Worship 4:00 pm Chili Cook Off</p>	<p>27</p> <p>LYAW Bible Study 7 PM Praise Team Practice 7 PM</p>	<p>28</p>	<p>29</p> <p>Bible Study 11 a.m.</p>	<p>30</p> <p>L.E. & Bible Study @ 10 am LYAW Bible Study 7 PM</p>		

*LYAW=The Life
You've Always
Wanted Bible Study
(some off campus)



2010

COME BE A PART OF GOD'S GREAT GIFT!

As an act of Grace — undeserved love for us — God sent Jesus
“to be sin for us, so that in Him we might become righteousness of God.”

— 1 Corinthians 5:21b



Jesus took our sin & death
and in exchange — week by week — we receive
forgiveness, eternal life and the status of holy children of God.



Fall into God's Word!

Please join all the members of Faith on Sundays:

8:00 am **Traditional Worship Service**

9:15 am **Sunday School and Adult Bible Class**

Opportunities for all ages (preschool to adult)
to be planted, nurtured, and grown in faith through God's Word.

10:30 am **Contemporary Praise Service**

FAITH LUTHERAN CHURCH
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TIME SENSITIVE

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GOD BLESS THOSE WHO DELIVER THIS!